



ica educational foundation
building better caterers...one scholarship at a time

ISRAEL: Yesterday, Today & Tomorrow

April 2-12, 2024

Optional Extension to Petra, Jordan: April 12-14





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Israel: Yesterday, Today & Tomorrow

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Optional Petra, Jordan Extension
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We gather in historic Jerusalem, the capital city of Israel ... this culinary journey offers an impressive itinerary with opportunities to visit the homes, gardens, and farms of some of Israel's most acclaimed chefs. We will visit orchards, wineries, the mystical city of Tzfat and The Druse.

Join us as we explore the land, people and cuisine of this epic country.

please refer all questions to:

Corinne Z. Dudine | cell: 480-518-5605 | email: czd@icaef.org





Sharon "Morgie" Morgenstein will guide us through Israel.

We'll walk the Via Dolorosa, visit the church of the Nativity and the Suks (markets), Holocaust Museum, Mount of Olives, Gethsemane, Masada, swim in the Dead Sea, feast at a desert gourmet Shawarma lunch, explore Nazareth, The Sea of Galilee, The Golan Heights, Rosh Pina, The Jordan River, Capernaum, Haifa, Caesarea and Tel Aviv.

Morgie will teach the significance of the sites we will visit based on historical facts, the importance of the sites to Jews, Christians and Muslims. She will challenge you to take away your own thoughts.

If you are inclined, we have planned an add-on three day excursion to the ancient city of Petra, Jordan.

You will visit Moses' well, see Arron's tomb on top of the mountain, explore the road which is a crack in the rock as you walk to the interior city of Petra. Take photos at the famous Treasury carved out of sandstone mountain (Indiana Jones) and explore this stunning ancient city.



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Tuesday, April 2

VIP service (although optional) will greet and transfer you to The Harmony Hotel in Jerusalem.

There will be a welcome cocktail reception with an opening night dinner at Rama's Kitchen. (<https://ramakitchen.co.il>)

Wednesday, April 3

Breakfast will be served at our hotel.

After a champagne morning overview at the Mount of Olives we'll continue onto Gethsemane the Garden & Church.

We move next to Bethlehem and the Church of the Nativity. We then enjoy the extraordinary Israeli hospitality at an "at-home" lunch at the home of Kamal featuring local Palestinian chefs.

At dusk, we experience a spiritual twilight walk of the Old City with dinner at restaurant Machneyuda (the Palm Tree).

<https://ontopo.co.il/2482009>.





Thursday, April 4

After breakfast at the hotel, we see the Temple Mount and Dome of the Rock Mosque then a walk on Via Dolorosa to visit the Church of the Holy Sepulcher.

There will be a creative and delicious food tasting in the Old City. After lunch we continue to Yad Vashem (Holocaust Museum) and tour Ein Karem Church of Visitation and the world famous fountain.

Dinner will be further announced.

After dinner we stroll to the Machine Yehuda market to observe the impressive graffiti painted on the doors of the closed shops.



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Friday, April 5



After breakfast, we then travel to the Dead Sea, the lowest spot on earth.

Our visit will include a local spa, take mud baths (if you want) and float in the Sea. On to Masada and a tour of this historic mountain top city.

We will enjoy gourmet "Shawarma" from a food truck in the middle of the desert overlooking The Dead Sea.

We return to Jerusalem and join in a Shabbat Ceremony or if you wish, the Western Wall before Shabbat.

Dinner will be served as a traditional Israeli Shabbat meal before returning to our hotel.



Saturday, April 6

After breakfast, we will visit Quasar El Yahud-Baptism site in the Jordan River. On to Mt. Tabor as we take private cars up the mount to the church and monastery.

A short stop for Circassian Pastries then onto Nazareth to the Old City and the Church of Annunciation. We will experience some of the city's most famous street foods.

Dinner will be at Luna Bistro, an excellent, authentic Lebanese bistro specializing in Arab cuisine prepared with a loving heart.

<https://www.luna-bistro.co.il>

After dinner we will check into the Perth Hotel located on the shores of the Sea of Galilee.



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Sunday, April 7

After breakfast we visit the mystic city of Tzfat and explore the Old City and the artist's colony. Then we drive to Rosh Pina, a boutique winery offering wine tastings.

On to Matat, a small village in Galilee. We will be guests of worldclass Chef Erez Komarovsky and enjoy his hospitality at a cooking workshop with dinner to follow.

Erez Komarovsky is an Israeli chef, baker, educator and author. In the 1990's he founded the Lehem Erez bakery and cafe chain. He is considered the initiator of artisanal bread making in Israel. Since 2007 he has led a cooking school in his home in Mitzpe Mattat in the upper Galilee. He has authored several books.





Monday, April 8

We begin our day with breakfast at the hotel.

There is an optional early morning tour of the organic farm.

We visit Mt. of Beatitudes followed by Capernaum and a boat sail on The Sea of Galilee.

Dinner will be at the home of Gadi as their guests.



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Tuesday, April 9

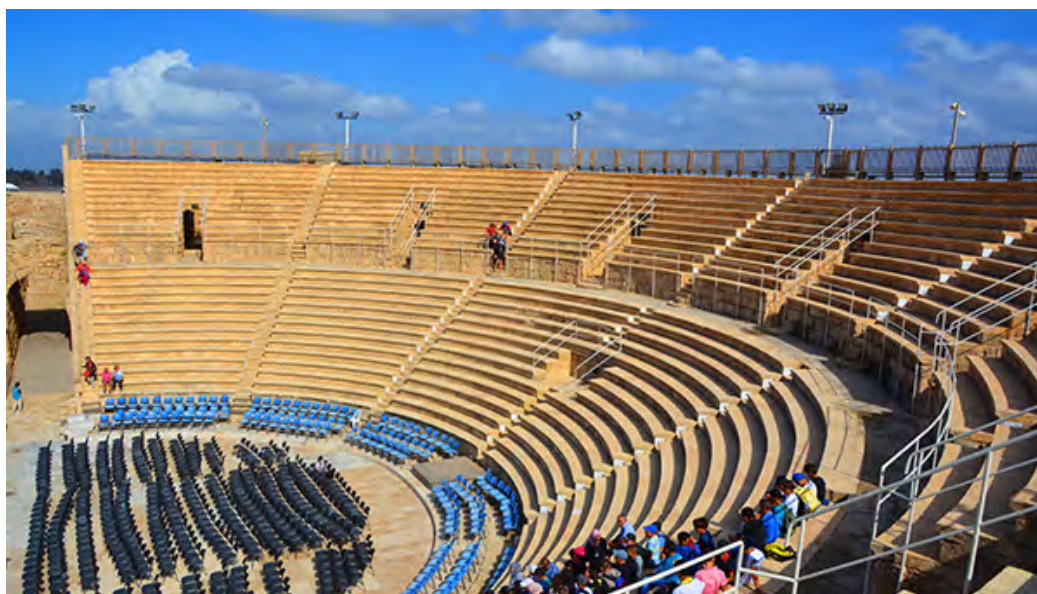
After breakfast at our hotel, we then check out and depart to Akko with a visit to the Crusader's Halls and Market.

Lunch is with one of Israel's most famous chefs, Uri Buri.

<https://www.2eat.co.il/uriburi/menu.aspx?pid=5606>

A tour of the markets and a wine/food tasting experience at the home of Tova Wald, our trip's travel designer, follows.

Then onto Caesarea to explore the theater, beach and port.
We overnight at Artist Hotel, Tel Aviv.



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Wednesday, April 10

We breakfast with one of Europe's most sought after caterers, Chef Paul Assenheim and Talia Pevser at their home on their avocado farm.

Next, we visit the Peres Center for Innovation in Jaffa hosted by one of former Prime Minister Shimon Peres' staff members. This is claimed to be a "must see" when visiting Israel.

Lunch will be Shawarma (Vagio Meat).

Then onto Old Jaffa, the Artist's Colony, Port and the Hip Flee Market.

Dinner will be with Dani and Musta Sir Asalam at Dani's home.
We overnight at The Artists Hotel, Tel Aviv.



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Thursday, April 11

After breakfast we will tour Rothschild Boulevard, best known for Bauhaus Architecture of the White City.

We will then visit the Tikva Market to enjoy some "Ethnic Bites" with a wine tasting experience in Jaffa at Grape Man in the Old City.

Dinner will be at Clara Restaurant with introductions to Zohar Samueli, the founder of the first high quality catering company in Israel.

<http://clarotlv.com/indexEn.html>

We overnight at Artist Hotel, Tel Aviv.

Friday, April 12

On our final day in Israel, we breakfast at the hotel.
A free day is offered in Tel Aviv with transfers to the airport for departure.

PETRA, JORDAN

For those choosing the optional extension to Petra, Jordan, please see the schedule on the following pages.

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Petra, Jordan Extension

Friday, April 12

From our hotel, we will be transported to the airport so we can fly from Tel Aviv to Ramon airport in Eilat (a 35 minute flight). From there we will transfer to the southern border of Jordan.

We will “walk across” the border through security and customs, to Jordan where we will meet our Jordanian guide and driver.

From there, we will travel to Wadi Rum. At Wadi Rum, we will board jeeps with local drivers and depart exploring the sand stone desert; it is a desert safari experience. An authentic Jordanian lunch will be served in a tented venue in the desert.

Following this experience we will continue on to check into our hotel, The Movenpick, in Petra.

Dinner this evening, prepared by a local chef, will be served in a cave





Saturday, April 13



After breakfast at the hotel, we will be checking out. Our guide will meet us at the hotel and walk us into the Petra site, pointing out all of the points of interest along the way, including the Treasury, the carved theater, and the monastery. Lunch will be in the site at the Basin Restaurant.

After lunch we will continue walking to exit the site (though camels and donkeys are available for those who cannot walk any more). We will board our bus, for a two hour trip to the Jordanian side of Wadi Araba. We will once again walk across the border back into Israel. Our Israeli guide will meet us there and transfer us back to Ramon airport for our return flight to Tel Aviv. In Tel Aviv we will be transferred back to the Tal Beach Hotel for one additional night in Tel Aviv.

Sunday, April 14

Departure Day - After breakfast at the hotel, flights home should be arranged for today.